Build your own Boxed Lunch

Circle the Day of the Week that the Box Lunch is Needed (A separate form is needed for each day of the week)

Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

Name:__________________________  Starting Date: ____________________
Barcode #:______________________  Ending Date: ____________________

Choose 1 Sandwich, Salad, or Microwave Entrée. Then circle preferred options

### Sandwich

**Bread:**
White  Wheat  Bagel  Baguette

**Meat:**  Turkey  Ham

**Cheese:**  American  Pepper jack  Swiss

### Salad or Wrap

**Meat:**  Turkey  Ham  Chicken

**Cheese:**  Shredded  None

**Other:**  Tomatoes  Carrots  Cucumbers  Croutons  Mushrooms  Egg  Red Onion  Broccoli

**Dressing:**  French  Italian Ranch  1000 Island, Honey Dijon  Caesar  Raspberry Vinaigrette

### Microwave Entrée

**Individual Pizza**
Pepperoni, Cheese

**Burrito**
Bean & Cheese  Bean

**Add-Ons:**  Ketchup, Mustard, Mayonnaise, Fruit Jam, Margarine, Cream Cheese,
Lettuce, Tomato, Peanut Butter

### Fruit

| Apple
| Banana
| Orange

### Dessert

| Cookie
| Granola Bar
| Yogurt

### Drink

| Water
| Pepsi
| Diet Pepsi
| Mountain Dew

### Terms:

Boxed lunches are available to all students on meal plans. You are expected to pick up your lunch every day you have one requested. After failing to pick up 3 consecutive lunches campus dining will discontinue making them until the following semester.