

## *Academic Coaching Contract*

**Student Name:** \_\_\_\_\_

I am enrolling in the academic coaching program for the \_\_\_\_\_ semester, \_\_\_\_\_ (year).

Participation in the program requires the following obligations:

1. Attendance at weekly meetings with my academic coach.
  - a. Failure to attend 2 meetings without prior notice to my coach may result in dismissal from the academic coaching program.
  - b. Every attempt must be made to reschedule any missed meetings.
  - c. No more than 3 meetings may be rescheduled.
2. Completion of all assignments and to-do items laid out between you and the academic coach
3. Maintain regular contact with my coach and also the Director of Academic Support Programs (as needed).
4. Attend all meetings as requested by the Director of Academic Support Programs.
5. Check e-mail daily and attempt to respond within 48 hours.
6. Regular attendance in all courses

The areas I feel I need assistance in from my academic coach are: (Check all that apply):

- Motivation
- Time Management
- Organization
- Note taking
- Test Taking
- Reading comprehension
- Writing skills
- Grade goals and follow up related to goals set
- Self-confidence with my academic work
- Understanding of how to interact with professors, my advisor, and utilize resources available

I will hold myself to the following actions in order to meet my academic goals for this semester:

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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**For Office Use Only:**

Academic Coach assigned: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Director of Academic Support Programs: \_\_\_\_\_