



Monmouth

COLLEGE®

Build your own Boxed Lunch

Circle the Day of the Week that the Box Lunch is Needed (A separate form is needed for each day of the week)

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Name: _____

Starting Date: _____

Barcode # _____

Ending Date: _____

Choose 1 Sandwich, Salad, or Microwave Entrée. Then circle preferred options

Sandwich

Bread:

White Wheat Bagel Baguette

Meat: Turkey Ham

Cheese:
American Pepper jack Swiss

Salad or Wrap

Meat: Turkey Ham Chicken

Cheese: Shredded None

Other: Tomatoes Carrots

Cucumbers Croutons Mushrooms
Egg Red Onion Broccoli

Dressing: French Italian Ranch
1000 Island, Honey Dijon Caesar
Raspberry Vinaigrette

Microwave Entrée

Individual Pizza

Pepperoni, Cheese

Burrito

Bean & Cheese Beef & Bean

Add-Ons: Ketchup, Mustard, Mayonnaise, Fruit Jam, Margarine, Cream Cheese, Lettuce, Tomato, Peanut Butter

Fruit

Apple
Banana
Orange

Dessert

Cookie
Granola Bar
Yogurt

Drink

Water
Pepsi
Diet Pepsi
Mountain Dew

Terms:

Boxed lunches are available to all students on meal plans. You are expected to pick up your lunch every day you have one requested. After failing to pick up 3 consecutive lunches campus dining will discontinue making them until the following semester